



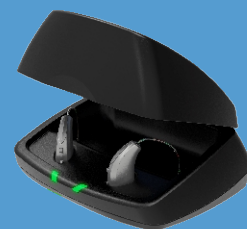
Rupal Chaudhary

THE Hearing & Vertigo CLINIC

The world's first Healthable™ hearing aids
with **Artificial Intelligence & Integrated Sensors**



Hearing Aids for Every Lifestyle



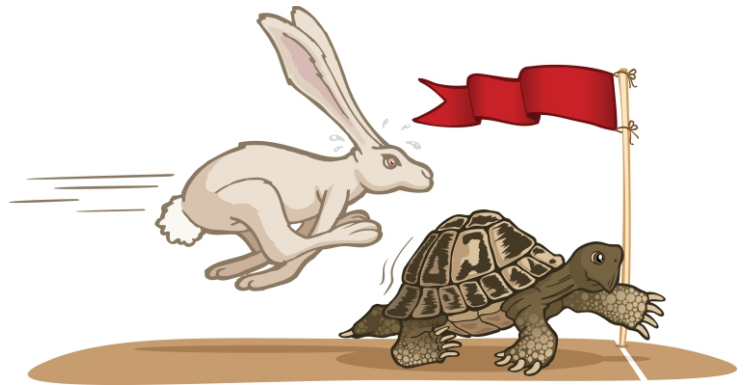
*selected models only

Smart Steps for First Time Users

It takes practice and patience to get comfortable with hearing aids. These quick steps should help speed up the process.

Acceptance, Positive Attitude, Education, Realistic Expectations, Practice, Patience and

Slow & Steady WINS The Race



- Wear them at home in a quiet environment for the first 2-3 days.
- Practice having a conversation with your family members and close friends. Hear Better Faster
- Read out loud for 10-15 minutes a day.
- Wear them for atleast 8 hrs each day for first 2 weeks.
- Hearing and understanding involve more than just your ears. Because you have not heard normal and noises for a while the sounds amplified by your hearing aids may be tinny, metallic, artificial and unnatural. This is because you are hearing the high frequency speech sounds like /s/,/f/,/t/ that you have been missing or have heard differently for years. Your brain will need to become reacquainted with these high frequency sounds. It may take 4-6 weeks to adjust to the new sounds
- If needed ask your hearing professional to practice hearing training exercises with you.

Change your Perception and Get Ready to Change Your Life

Most people don't know what to expect from hearing aids. Misconception and second-hand experience with bulky whistling old fashioned analog devices continue to influence the way people think about all hearing aids. Hearing aids have changed dramatically from a generation ago, from outward appearance to internal technology making them vastly more appealing and effective. This brochure will help you set expectations for the performance of your new hearing aids, how they sound, feel and wore.

Smart Steps

How your Hearing Aids **S**

Getting acclimated to wearing your new hearing aids is different for each person (sometimes taking up to 2-3 months). But once you are, you should notice a big difference in how the world sounds.

- Your ability to hear and understand others should be improved
- Other people's voices shouldn't sound distorted, harsh, tinny, sharp, booming, or muffled
- The sound of your own voice should be "normal", not sound like you are in a barrel.
- The intensity and quality of familiar sounds should be sharp, bright and clear-not dull or irritating
- In a crowded room with many people talking at once, sound should be loud but not deafening
- Wearing hearing aids in both the ears should help you identify the location of a sound or voice
- Hearing and communicating in quiet environments (home, work, doctor's office) should be improved
- Your hearing aids should help you understand speech in environments with background noise (Restaurants, traffic or dinner parties) should be improved
- Your Hearing aids should help you understand speech in larger environments where there is reverberation (lecture halls, worship places, movie theaters) to large extent
- Loud sound (sirens, traffic, construction sounds) should not be uncomfortable but you should hear them clearly.

hould Sound

Five Tips to Get Even More Out of Your Hearing Aids

- If you wear directional hearing aids, sit facing the wall with the restaurant noise behind you
- Take them to your hearing professional for regular cleaning and maintenance
- Make sure to keep fresh batteries on hand
- Turn off the hearing aids or remove batteries when not in use
- In public places with acoustic challenges (Theaters or conference halls), it is best to sit in the front and center of the room where it offers the best acoustics

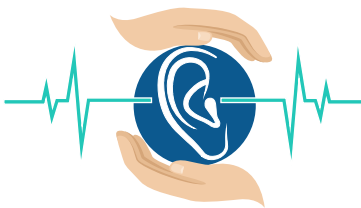
Care and Maintenance

- 1. Never Skip Daily Cleanings** - Always use soft dry cloth to wipe hearing aids.
- 2. Replace Parts as Needed** - Replace batteries, tubing of the moulds, wax guard time to time.
- 3. Keep Hearing aids Clean and Dry** - Hearing aids constantly exposed to potentially damaging particles including lotions, hair sprays, rain, earwax, dirt and dust. Use dehumidifier so the devices are moisture free.
- 4. Take the Hearing Aid Batteries Out at Night** - This will extend the life of the batteries, allow your hearing aids to dry out thoroughly, prevent your devices from being accidentally turned on and encourage proper cleaning of the battery compartment including the battery contacts. Right and Left batteries to be kept separately outside the dry box.
- 5. Schedule 2-4 Clean and Checks Annually** - This ensures your hearing is at its best.
- 6. Hearing Aid Indicators** - **Red** is for the **Right** ear and **Blue** is for the **Left** ear as both the hearing aids are programmed according to the ears hearing loss.
- 7. Utilize your Audiologist** - Anytime you are concerned that you are not getting the most out of your hearing aids, schedule an appointment with your audiologist. Today's devices are very complex and imperfect programming can have a substantial effect on how well your hearing aids are performing.
- 8. Don't Forget your Warranty** - Regularly get your hearing aids serviced within the warranty limits to extend the life of the hearing aids.
- 9. Ask about Accessories** - Even the best hearing aids might fall short in some situations. there is a solution to all your needs in the form of accessories.
- 10. Avoid Outdated Technology** - Hearing aids have been rapidly advancing for the past several years since the advent of digital technology. Today's devices perform far better than those from just a few years ago. While hearing aids are a big investment, hearing well is worth keeping up with advances in technology for hearing aids, assistive listening devices, and accessories.

Abraham Lincoln once said,

'Most folks are about as happy as they make up their minds to be'.

He probably wasn't talking about people with hearing aids-but it still holds true.



Rupal Chaudhary

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Timing : Monday – Saturday (10:30 AM to 8:30 PM)